

Cooking Measurement Equivalents

| Unit | Equals | Also Equals | Also Equals |
|-------------------|-------------------|---------------|-------------|
| 1 tsp. | 1/3 Tbsp. | 1/6 fl. oz. | |
| 3 tsp. | 1 Tbsp. | 1/2 fl. oz. | |
| 1 Tbsp. | 3 tsp. | 1/2 fl. oz. | 1/16 cup |
| 2 Tbsp. | 1/8 cup | 1 fl. oz. | |
| 2 Tbsp. + 2 tsp. | 1/6 cup | | |
| 4 Tbsp. | 1/4 cup | 2 fl. oz. | |
| 5 Tbsp. + 1 tsp. | 1/3 cup | 2 3/4 fl. oz. | |
| 6 Tbsp. | 3/8 cup | | |
| 8 Tbsp. | 1/2 cup | 4 fl. oz. | |
| 10 Tbsp. + 2 tsp. | 2/3 cup | | |
| 12 Tbsp. | 3/4 cup | 6 fl. oz. | |
| 16 Tbsp. | 1 cup | 8 fl. oz. | 1/2 pint |
| 2 cups | 1 pint | 16 fl. oz. | |
| 4 cups | 2 pints | 32 fl. oz. | 1 quart |
| 1 liter | 1 quart + 1/4 cup | 34 fl. oz. | |
| 1 gallon | 16 cups | 128 fl. oz. | 4 quarts |